

DIRECTIVES

NORDIC JUNIOR CHAMPIONSHIPS AND NORDIC YOUTH CHAMPIONSHIPS

MEN'S ARTISTIC GYMNASTICS
MAY 17TH – 19TH 2019

**Greetings from Halmstad Frigymnaster and the
Swedish Gymnastics Federation to all participants
at the Nordic Championships held in
Halmstad, Sweden.**

Participating federations:

Danish Gymnastics Federation
Finnish Gymnastics Federation
Icelandic Gymnastics Federation
Norwegian Gymnastics Federation
Swedish Gymnastics Federation
Faroe Gymnastics Federation

Date:

Friday May 17th – to Sunday May 19th 2019

Location/Venue:

Halmstad Arena, "B-Hall" with limited seating, there is another Gymnastics competition (TeamGym) in the "A-arena".
Address: Växjövägen 11, 302 44 HALMSTAD



Swedish Gymnastics Federation 

INFORMATION

Accommodation

All participants will stay at Good Morning Hotel
Prästvägen 1, 302 63 HALMSTAD

Meals

Lunch will be served at Sannarps college next to Halmstad Arena, approx. 10 minutes walk.

Friday 13:00-15:00

Saturday 11:00-15:00

Sunday 11:00-15:00

Dinner and banquet will be served at the hotel.

Transportation

We recommend flight to Copenhagen/Kastrup and from there. Train from Kastrup airport towards Gothenburg with departure in Halmstad (approximately 2,0 h). There are also domestic flights from Stockholm, Bromma, Sweden, directly to Halmstad Airport. At arrival no local transportations will be arranged.

Local bus: Bus nr 30 from Halmstad Resecentrum towards Halmstad Stenalyckan (Hallarna)
<http://www.hallandstrafiken.se>

There will be a shuttle bus from the Hotel to/from Halmstad Arena Friday to Sunday.

Transportation from Halmstad Arena to train station and Halmstad airport can be arranged after the competition Sunday, Pre-booking is necessary and can be done by mail to

Katarina.larsson@halmstadfrigymnaster.se at latest May 1st

Orientation meeting

Meeting will be held at Halmstad Arena, 18.00, Friday 17th

Technical meeting

Meeting will be held at Halmstad Arena, 19.00, Friday 17th

Insurance

The organizing club or the Swedish Gymnastics Federation cannot be held responsible for any liabilities in case of accidents. All delegations and participants must make their own arrangements as to insurance.

Medals and Ceremonies

Remember to bring Your own national flag and national anthem in short version; approximately 45 seconds.

Judges information

Judges meeting for Youth competition Saturday 09:45 in Halmstad Arena

Judges meeting or Junior competition Saturday 14:30 in Halmstad Arena

PROVISIONAL SCHEDULE

Thursday May 16th

Arrivals

Friday May 17th May

Arrivals

11.00-17.30 Free training in competition venue

13.00-15.00 LUNCH

18.00 Orientation meeting at Halmstad Arena

19.00 Technical Meeting at Halmstad Arena

Saturday May 18th

Nordic Youth Championships

08.30-09.00 Venue open for warm up

09.00-10.30 Apparatus Warming up

09.45-10.30 Judges meeting Youth

10.35 Opening ceremony

10.45-12.15 All-around and team competition

Award Ceremony

11.00-15.00 LUNCH

Nordic Junior Men's Championships

13.15-13.45 Venue open for warm up

13.45-15.15 Apparatus Warming up

14.30-15.15 Judges meeting Juniors

15.20 Opening ceremony

15.30-17.00 All-around and team competition

Award Ceremony

19.00 Banquet at Good Morning Hotel

Sunday May 19th

09.00-11.00 Open training in competitions venue

11.00-15.00 LUNCH

11.05-11.10 Opening ceremony

11.15-14.15 Apparatus finals Youth and Junior

Award Ceremony

Departure

Apparatus warming up

See appendix 1

Rotation competition schedule

See appendix 2

CONTACT

Swedish Gymnastics Federation representative:

Anna Blid, e-mail mag@gymnastik.se 0046 8 699 64 34

Sandra Törnvall, e-mail mag@gymnastik.se 0046 8 699 64 83

Organizing clubs representative:

Katarina Larsson, e-mail katarina.larsson@halmstadfrigymnaster.se telephone +463534207

Michael Hedlund, e-mail michael.hedlund@gymnastik.se telephone +4670815 83 86

REGISTRATION DEADLINES AND SCHEDULES

- **Nominative registration:** April 17th to mag@gymnastik.se
- **Rooming list:** April 17th to katarina.larsson@halmstadfrigymnaster.se
- **Payment:** May 1st (an invoice has been sent to your federation)
- **Registration (by names) for technical meeting:** May 1st to mag@gymnastik.se
- **Send topics for the technical meeting:** May 1st – send to mag@gymnastik.se

WELCOME TO HALMSTAD AND SWEDEN!

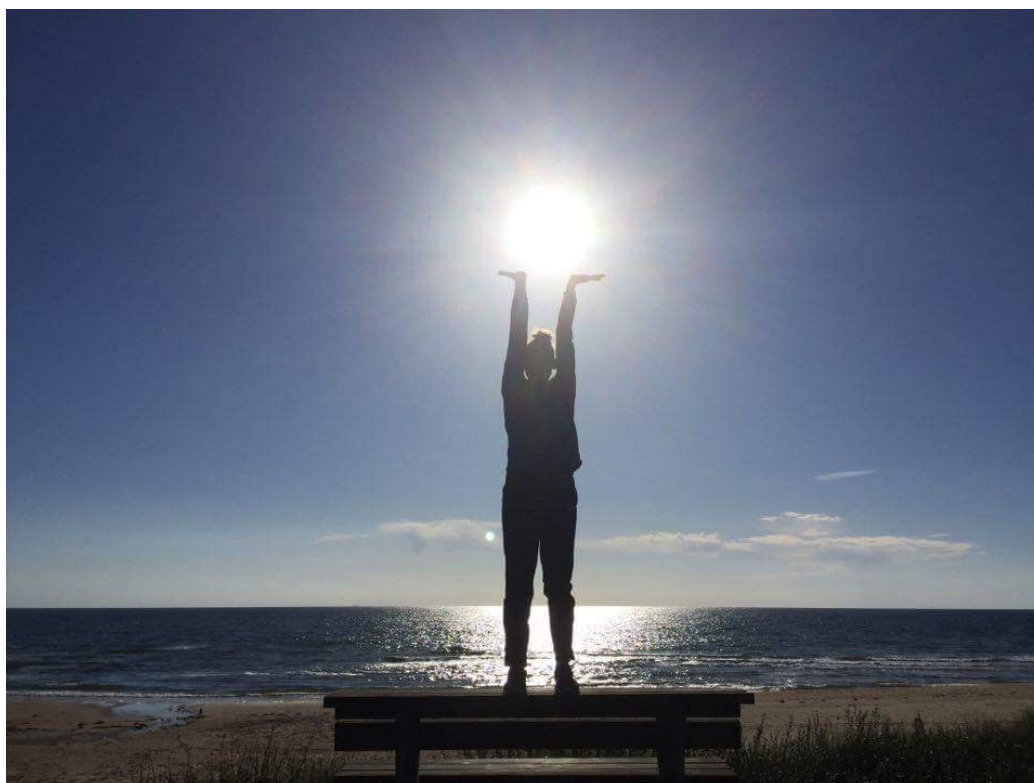


Photo: Frösakull, Halmstad



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